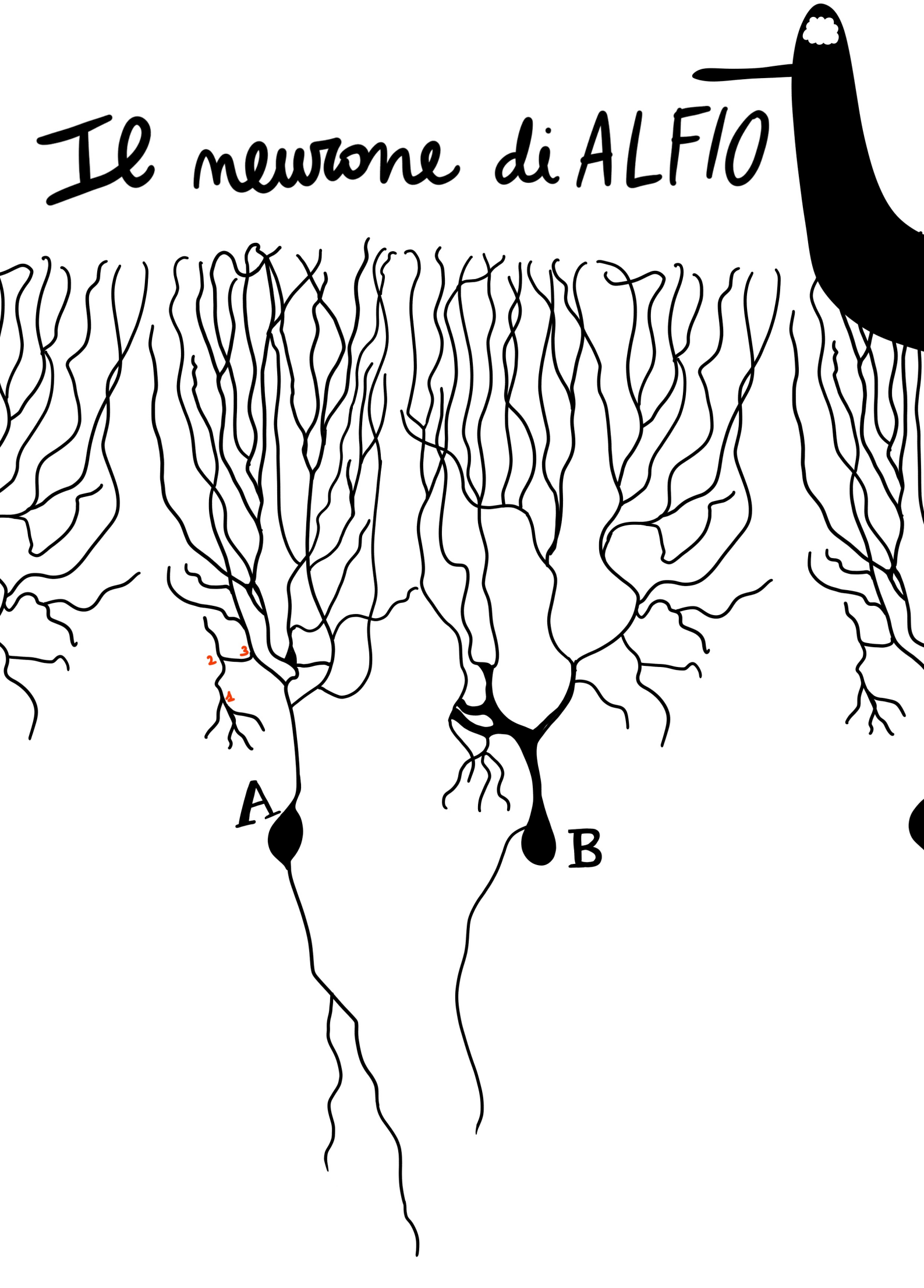Il neurone di ALFIO